



A QUARTERLY NEWSLETTER BY THE SATSANG SOCIETY OF NEW JERSEY INC., A CHARTERED AFFILIATE OF ECKANKAR

Basic Beliefs of Eckankar

Harold Klemp, the spiritual leader of Eckankar, describes the basic beliefs of Eckankar as follows:

The teachings of ECK define the nature of Soul more carefully than do other current religions. Each person is Soul, a particle of God sent into the lower worlds (including earth) to gain spiritual experience. Purified by the spiritual exercises, he comes into contact with the Holy Spirit. His goal is spiritual freedom in this lifetime, after which he becomes a Co-worker with God, both here and in the next world. Karma and reincarnation are primary beliefs.

Key to the ECK teachings is the Mahanta, the Living ECK Master. He has the special ability to act as both Inner and Outer Master for ECK students. He is the prophet of Eckankar, given respect but not worship. He teaches the sacred name of God, HU, which lifts one spiritually into the Light and Sound of God, the ECK.

The ECK (the Holy Spirit) purifies one of karma (sin), making it possible for him to accept the full love of God in this lifetime. Then he gains wisdom, charity, and freedom.

Personal experience with the Light and Sound of God is the cornerstone of Eckankar. Of all the religions on earth today, Eckankar offers the most direct teachings on the Light and Sound of God. These twin pillars are missing in whole or in part from the rest. People who truly find these two aspects of God undergo a complete spiritual change. Life becomes fresh and new again, as it was in early childhood.



Programs for Spiritual Seekers

Visit a Community HU Song in your area.

People the world over gather together to sing HU. Singing HU, regardless of spiritual path, age, background or religion is an opportunity for anyone and everyone. You may bring family members or friends along to share the universal gift of HU. Here's what happens at a Community HU Song. The group sings HU (pronounced hue) for about 20 minutes, sits quietly in contemplation for several minutes, shares light refreshments, and goes on its way. Singing this ancient love song to God begins to open your heart to more love and your awareness to new viewpoints and attitudes.

North Jersey

ECK Center, 11 Park Street, Montclair

4th Sunday • 10:30 a.m.

(preceding the ECK Worship Service at 11:15)

Southwest Jersey

100 West Camden Avenue, Moorestown

2nd Sunday • 10:00 a.m. (before Worship Service)

Central Jersey

Robbins Room adjacent to St. Luke's Church,
17 Oak Avenue, off Route 27, Metuchen

4th Friday • 7:30 p.m.

Southeast Jersey

Ocean County Library, 101 Washington Street
Toms River, Green Room

Saturday, February 4th • 10:30 a.m.

Monmouth County Library, Eastern Branch
1001 Route 35, Shrewsbury

Wednesday, January 11th • 7:00 p.m.

Monday, March 6th • 7:00 p.m.

ECK Worship Service

Members of all faiths are invited to participate in the ECK Worship Service. This brings together three fundamental aspects of studying Eckankar: a reading from the ECK writings, singing and contemplating upon HU, the holy name of God, and a discussion of spiritual principles. Join others seeking to bring more insight into their lives at this special celebration of the Light and Sound of God.

Central Jersey Robbins Room adjacent to St. Luke's Church, 17 Oak Avenue, off Route 27, Metuchen. Contact: Marlene Bartley at 732-329-8898 or mbartley4545@yahoo.com

Friday, January 13, 2017 • 7:30 p.m.
Heaven is a State of Consciousness
Elyce E. Singleton

Friday, February 10, 2017 • 7:30 p.m.
Earth's a Training Ground
Nikki Huggins

Friday, March 10, 2017 • 7:30 p.m.
Love is a Graceful Thing
Peggy Pilch

Note: ECK Worship Services take place on the **2nd Friday** of each month.

Southwest Jersey 100 West Camden Avenue, Moorestown. Contact: Carol Stein, 609-424-3538 or <mailto:carol@mca1.com>

Sunday, January 8, 2017 • 11:00 a.m.
Living on Holy Ground
Paula Anderson

Sunday, February 12, 2017 • 11:00 a.m.
Let God's Divine Love Flow
Charles Foley

Sunday, March 12, 2017 • 11:00 a.m.
Facing Life's Challenges as Soul
Steve Pitts

Note: ECK Worship Services take place **2nd Sunday** of each month.

Southeast Jersey Howell Library, 318 Old Tavern Road. Contact: Brad Burke, 732-892-1232 or <mailto:rocketmannj@hotmail.com>

Saturday, January 21, 2017 • 11:00 a.m.
Am I Worthy of God's Love? | Joyce Snyder

Saturday, February 18, 2017 • 11:00 a.m.
Spiritual Survival For a Changing World
Michael Stein

Saturday, March 18, 2017 • 11:00 a.m.
Facing Life's Challenges With the Love of ECK
Elyce E. Singleton

Note: ECK Worship Services are held on the **3rd Saturday** of each month.

North Jersey ECKANKAR Center, 11 Park Street, Montclair. Contact: Joni Wellness, 201-207-4448 or joniwellness@gmail.com

Sunday, January 22, 2017 • 11:15 a.m.
What Our Relationships Teach Us Spiritually
Nikki Huggins

Sunday, February 26, 2017 • 11:15 a.m.
Am I Worthy of God's Love? | Joyce Snyder

Sunday, March 26, 2017 • 11:15 a.m.
The Fire of God's Love | Peggy Pilch

Note: ECK Worship Services take place on the **4th Sunday** of each month.

Save the date and invite a friend!

2017 New Jersey Day of ECK Seminar
Discover Your Life As a Spiritual Adventure
Featuring talks, workshop, and creative arts
FREE admission

Keynote Speaker and Workshop Presenter
Mary Carroll Moore
Author, artist, and international speaker

Saturday, May 20, 2017 • 12:30 - 8:30 pm
Raritan Valley Community College
Conference Center
118 Lamington Road, Branchburg, NJ 08876

Spiritual Adventurer Discussion Series

ECK Center, 11 Park Street, Montclair
3rd Thursday • 7:30 p.m.

January 19th *Are You a Spiritual Adventurer?*

February 16th *Are Dreams Real?*

March 16th – *Curious About Karma?*

April 20th *Tune In To Inner Guidance*

Contact: Sally Sutton, 973-736-1425 or
<mailto:sasutton8@gmail.com>

Spiritual Wisdom Book Discussions

Robbins Room adjacent to St Luke's Church
1st Friday • 7:30 p.m.

January 6th – *Spiritual Wisdom on Dreams*

February 3rd *Spiritual Wisdom on Relationships*

March 3rd *Spiritual Wisdom on Conquering Fear*

Contact: Lucille McNeill, 908-279-7752 or
<mailto:lucille.mcneill@yahoo.com>

Book Discussion Group Explore Spiritual Experiences

2nd Friday • 1:00 – 2:30 p.m.

Inner Guidance, Our Divine Birthright

Barnes & Noble Bookstore

1311 Nixon Road, Moorestown

Contact: Paula Anderson, 609-261-0019

Book Discussions

North

1st Friday • 7:30 p.m.

The Road to Spiritual Freedom

Mahanta Transcripts, Book 17

ECK Center, 11 Park Street, Montclair

Contact: Joni Wellness, 201-207-4448 or
joniwellness@gmail.com

Southeast

3rd Tuesday • 7:30 p.m.

Those Wonderful ECK Masters

Beachwood

Contact: Brad Burke, 732-892-1232

5th Sunday Roundtable

Chelas and guests are warmly invited to attend this small circle discussion led by an ESA

Serving All Life Through Your Spiritual Mission

A Community HU will precede Roundtable at 10:30 a.m. at the Montclair location only

ECK Center, 11 Park Street, Montclair • 11:15 a.m.

Contact: Jenny Lind Lewis, 973-704-0269 or
jllewis20@gmail.com

Robbins Room adjacent to St Luke's Church • 1:30 p.m.

Contact: Lucille McNeill, 908-279-7752 or
lucille.mcneill@yahoo.com

Mike and Carol Stein - Chesterfield • 11:00 a.m.

Contact: Carol Stein at 609-432-5301 or
<mailto:carolstein@comcast.net>

Satsang Society of New Jersey, Inc.
A Chartered Affiliate of ECKANKAR,
Religion of the Light and Sound of God
PO Box 478, Iselin, NJ 08830 | 1-800-870-9139
www.eckankar.org
www.eckankar-nj.org
spirituality@ECKANKAR-nj.org

Sing HU to Open Your 